

# The Chef Next Door

Yield: 28 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/the-italian-next-door-recipe-for-cassata>

## Ingredients:

- 1 cup whole wheat pastry flour
- 3/4 cup all purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 3/4 teaspoon salt
- 1/2 cup unsalted butter softened
- 1/2 cup light brown sugar packed
- 1/4 cup sugar
- 1 large egg
- 1/2 cup apple sauce
- 2 tablespoons canola oil
- 1 tablespoon vanilla extract
- 1 cup mini chocolate chips

## Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 130 milligrams
9. Sugar: 10 grams

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