

Now I Know Why the Imam Fainted

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/the-imam-fainted-turkish-recipe>

Ingredients:

- 6 eggplants long medium-sized
- 3/4 pound yellow onions
- 4 tablespoons olive oil plus 1/2 cup olive oil
- 3 cloves garlic crushed
- 1 bunch flat-leaf parsley finely chopped
- 3/4 pound tomatoes skinned, seeded and chopped
- salt to taste
- 1 teaspoon sugar or more to taste
- 1 lemon

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 44 grams
3. Fat: 9 grams
4. Fiber: 19 grams
5. Protein: 7 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 150 milligrams
8. Sugar: 16 grams

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