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Christmas Breakfast Sausage Casserole

Yield: 8 min Total Time: 590 min

Recipe from: https://www.recipeschoose.com/recipes/best-christmas-food-ever-sausage-roll-recipe

Ingredients:

- 1 pound ground pork sausage
- 1 teaspoon mustard powder
- 1/2 teaspoon salt
- 4 eggs beaten
- 2 cups milk
- 6 slices white bread toasted and cut into cubes
- 8 ounces mild cheddar cheese shredded

Nutrition:

- 1. Calories: 390 calories
- 2. Carbohydrate: 14 grams
- 3. Cholesterol: 180 milligrams
- 4. Fat: 26 grams
- 5. Protein: 25 grams
- 6. SaturatedFat: 12 grams
- 7. Sodium: 560 milligrams
- 8. Sugar: 5 grams

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