

Southern Fried Fish

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-fried-fish-recipe>

Ingredients:

- 2 pounds white fish
- salt
- pepper
- 1 cup buttermilk
- 1/2 cup hot sauce
- 2 cups fish South Your Mouth
- 1 1/2 cups cornmeal medium ground
- 1/2 cup flour
- 1 tablespoon salt
- 1 tablespoon onion powder
- 1 tablespoon black pepper
- 2 teaspoons paprika

Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 55 grams
3. Cholesterol: 215 milligrams
4. Fat: 25 grams
5. Fiber: 6 grams
6. Protein: 75 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 2940 milligrams
9. Sugar: 5 grams

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