

Sunday Dinner Southern Corn Pudding

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-southern-corn-pudding-with-jiffy-mix>

Ingredients:

- 17 ounces cream style corn
- 17 ounces whole kernel corn drained
- 1/4 cup milk
- 3 tablespoons sugar
- 2 eggs beaten
- 2 tablespoons cornstarch

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 105 milligrams
4. Fat: 4 grams
5. Fiber: 4 grams
6. Protein: 9 grams
7. SaturatedFat: 1 grams
8. Sodium: 400 milligrams
9. Sugar: 18 grams

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