

Lemon Ricotta Pancakes with Sauteed Apples

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-ricotta-pancakes-recipes>

Ingredients:

- 4 granny smith apples large, peeled, cored, and sliced
- 2 tablespoons unsalted butter
- 3 tablespoons sugar
- 1/2 teaspoon cinnamon
- fresh lemon juice to taste
- 4 large eggs separated
- 1 1/3 cups ricotta
- 1 1/2 tablespoons sugar
- 1 1/2 tablespoons grated lemon zest freshly
- 1/2 cup all purpose flour
- melted butter for brushing the griddle
- maple syrup as an accompaniment

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 63 grams
3. Cholesterol: 275 milligrams
4. Fat: 25 grams
5. Fiber: 5 grams
6. Protein: 17 grams
7. SaturatedFat: 14 grams
8. Sodium: 170 milligrams
9. Sugar: 38 grams

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