

Italian Meatballs {Great Big Italian Meatballs}

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/zesty-italian-meatballs-recipe>

Ingredients:

- 1/2 pound ground beef
- 1/2 pound ground pork or ground veal
- 1 egg
- 1/2 cup fresh bread crumbs
- 2 tablespoons milk or cream
- 1 tablespoon garlic minced
- 1/4 cup freshly grated Parmesan cheese
- 1 handful fresh parsley finely chopped
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 1/2 teaspoon salt
- 1/2 teaspoon freshly cracked black pepper
- 3 tablespoons olive oil for pan browning
- 2 cups marinara sauce
- cooked pasta optional
- fresh basil optional
- freshly grated Parmesan cheese optional

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 75 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 16 grams
7. SaturatedFat: 7 grams
8. Sodium: 610 milligrams

9. Sugar: 6 grams

Thank you for visiting our website. Hope you enjoy Italian Meatballs { Great Big Italian Meatballs } above. You can see more 16 zesty italian meatballs recipe Prepare to be amazed! to get more great cooking ideas.