

Candied Coconut Sweet Potatoes

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-yams-recipe-coconut>

Ingredients:

- 4 cups sweet potatoes mashed, about 4 medium sweet potatoes or two 29-ounce cans, drained and rinsed
- 1/4 cup granulated sugar
- 6 tablespoons butter no margarine, softened or melted
- 2 eggs beaten
- 14 ounces sweetened condensed milk about 1/2 cup plus 2 tablespoons
- 1 teaspoon vanilla
- 1 cup brown sugar
- 1 1/2 cups sweetened coconut flakes
- 6 tablespoons melted butter

Nutrition:

1. Calories: 1170 calories
2. Carbohydrate: 136 grams
3. Cholesterol: 230 milligrams
4. Fat: 67 grams
5. Fiber: 9 grams
6. Protein: 17 grams
7. SaturatedFat: 46 grams
8. Sodium: 500 milligrams
9. Sugar: 109 grams

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