

Instant Pot Turkey Breast

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-millionaire-pies-for-diabetics-recipes>

Ingredients:

- 2 bone-in, skin-on turkey breast halves one whole breast, total of approximately 5 lbs.
- 2 teaspoons salt
- 1/2 teaspoon black pepper
- 2 teaspoons dried thyme
- 1 teaspoon dried sage
- 1 teaspoon garlic powder
- 2 cups chicken broth

Nutrition:

1. Calories: 15 calories
2. Carbohydrate: 1 grams
3. Fat: 1 grams
4. Protein: 2 grams
5. Sodium: 810 milligrams

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