

# Thanksgiving Cauliflower Rice Stuffing (Keto, Paleo)

Yield: 8 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-side-dishes-cauliflower-roasted-recipe>

## Ingredients:

- 1/4 cup butter or ghee
- 1 onion chopped
- 2 celery stalks chopped
- 24 ounces cauliflower rice frozen
- 1 cup chicken stock
- 1/2 cup fresh parsley loosely-packed, chopped finely
- 1 sprig rosemary
- 8 sage leaves
- 2 sprigs thyme

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 15 milligrams
4. Fat: 7 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 4 grams
8. Sodium: 115 milligrams
9. Sugar: 3 grams

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