

Health-ish Thanksgiving

Yield: 7 min

Total Time: 210 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-salmon-recipe-citrus-glazwe>

Ingredients:

- 10 pounds turkey giblets removed
- 1/2 cup unsalted butter at room temperature
- 1 Orange zest of
- 2 tablespoons chopped fresh sage
- 2 cloves garlic minced
- 1 tablespoon kosher salt plus more to taste
- 1 teaspoon freshly ground black pepper plus more to taste
- 1 cup quinoa
- 1 cup red quinoa
- 12 ounces sweet potatoes diced
- 1 red apple large, thinly sliced
- 1/2 cup flat leaf parsley chopped
- 1/4 cup basil chopped
- 1/4 cup pine nuts
- 8 mixed greens packed cups of
- 1/4 cup olive oil
- 1/3 cup citrus juice fresh
- 1 shallot finely chopped
- 1 tablespoon apple cider
- 1 lemon zest of
- 2 teaspoons honey
- salt
- pepper
- 3 cups fresh basil leaves about 3 large bunches
- 1/2 cup extra-virgin olive oil
- 3 tablespoons fresh lemon juice
- 1/3 cup pine nuts
- 1 garlic clove
- zest lemon
- 1 cup freshly grated Parmesan
- 1/2 cup Parmigiano Reggiano freshly grated
- 1 oil packed anchovy
- 1 teaspoon coarse kosher salt
- vegetables

- 1 tablespoon olive oil
- 8 ounces green beans stem end trimmed
- 1/2 pound carrots
- 1/2 pound zucchini halved lengthwise, each half cut lengthwise into 1/3-inch-wide strips
- 3 tablespoons water
- 2 tablespoons Italian parsley leaves for garnish, optional