

# Air Fryer Creamed Corn Casserole

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-creamed-corn-recipe-canned-corn>

## Ingredients:

- butter dairy or non-dairy
- AP flour can be gluten free all purpose flour or regular flour
- sugar
- eggs
- garlic salt
- milk dairy or non-dairy
- canned corn
- creamed corn canned
- 1/2 cup butter melted, dairy or non-dairy
- 1/4 cup AP flour can be gluten free all purpose flour or regular flour
- 1/3 cup sugar
- 2 eggs beaten
- 1/2 teaspoon garlic salt
- 1/2 cup milk dairy or non-dairy
- 1 can corn drained
- 1 can creamed corn

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 240 milligrams
4. Fat: 35 grams
5. Fiber: 4 grams
6. Protein: 13 grams
7. SaturatedFat: 20 grams
8. Sodium: 590 milligrams
9. Sugar: 30 grams

Thank you for visiting our website. Hope you enjoy Air Fryer Creamed Corn Casserole above. You can see more 15 southern creamed corn recipe canned corn You must try them! to get more great cooking ideas.