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Vegan Thanksgiving Casserole

Yield: 4 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/lentils-thanksgiving-recipe

Ingredients:

- 2 cups lentils cooked, yeah, I buy pre-cooked
- 1/2 cup cashews chopped
- 4 slices whole wheat bread chopped into small cubes & toasted
- 1 1/2 cups vegetable broth
- 2 tablespoons nutritional yeast
- 1 stalk celery diced small
- 1 onion small, finely chopped
- 3 tablespoons olive oil
- 1 teaspoon sage
- 1 teaspoon marjoram
- 1 teaspoon thyme
- 1 teaspoon rosemary
- pepper to taste

Nutrition:

- 1. Calories: 700 calories
- 2. Carbohydrate: 86 grams
- 3. Fat: 25 grams
- 4. Fiber: 35 grams
- 5. Protein: 36 grams
- 6. SaturatedFat: 4 grams
- 7. Sodium: 500 milligrams
- 8. Sugar: 7 grams

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