

Grilled Turkey Burgers

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/wsweet-italian-turkey-sausage-recipe-using-white-wine>

Ingredients:

- 1 5/16 pounds ground turkey 93/7 lean, I use Shady Brook Farms; one package equals 1.3 pounds
- 1 1/4 pounds Italian turkey sausage I use Shady Brook Farms hot or sweet varieties
- 1/2 teaspoon ground black pepper freshly
- 2 teaspoons worcestershire sauce
- 2 teaspoons Dijon mustard I like Maille
- 8 hamburger buns

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 95 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 28 grams
7. SaturatedFat: 2 grams
8. Sodium: 950 milligrams
9. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Grilled Turkey Burgers above. You can see more 20 wsweet italian turkey sausage recipe using white wine Try these culinary delights! to get more great cooking ideas.