

Thai Green Curry

Yield: 7 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/thai-green-curry-recipe-vegetarian-indian>

Ingredients:

- 1 pound zucchini
- 1 1/2 pounds boneless chicken breast or thighs
- 8 ounces cuttlefish balls frozen, optional
- vegetable oil
- 4 ounces thai green curry paste such as Maesri
- 2 cans coconut milk good quality, such as Chaokoh
- fish sauce to taste
- sugar to taste
- soy sauce to taste

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 85 milligrams
4. Fat: 33 grams
5. Fiber: 3 grams
6. Protein: 29 grams
7. SaturatedFat: 25 grams
8. Sodium: 380 milligrams
9. Sugar: 8 grams

Thank you for visiting our website. Hope you enjoy Thai Green Curry above. You can see more 18 thai green curry recipe vegetarian indian Prepare to be amazed! to get more great cooking ideas.