

# Thai Green Chicken Curry

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/thai-green-chicken-curry-recipe-indian-style>

## Ingredients:

- 1/2 tablespoon extra-virgin olive oil
- 5 tablespoons green curry paste
- 1 1/2 pounds chicken tenders boneless skinless, chopped into bite-sized pieces
- 13 ounces lite coconut milk
- 1/2 cup chicken stock low-sodium
- 2 tablespoons fish sauce to taste
- 2 cups fresh spinach chopped
- 1 cup sliced mushrooms
- 2 tablespoons fresh basil chopped
- 2 medium zucchini spiralized into “zoodles”

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 110 milligrams
4. Fat: 29 grams
5. Fiber: 3 grams
6. Protein: 41 grams
7. SaturatedFat: 21 grams
8. Sodium: 970 milligrams
9. Sugar: 7 grams

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