

# Grilled Teriyaki Chicken

Yield: 6 min  
Total Time: 270 min

Recipe from: <https://www.recipeschoose.com/recipes/teriyaki-chicken-thighs-recipes>

## Ingredients:

- teriyaki sauce
- 1 1/2 cups cold water
- 3/4 cup brown sugar
- 1/2 cup soy sauce
- 1 teaspoon garlic powder
- 3 tablespoons corn starch
- 1 teaspoon sesame oil
- marinade
- 1 cup teriyaki sauce prepared, recipe above
- 6 tablespoons olive oil
- 2 tablespoons lemon juice
- 1/2 cup green onion chopped
- 2 tablespoons toasted sesame seeds
- 3 pounds chicken thighs

## Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 210 milligrams
4. Fat: 54 grams
5. Fiber: 1 grams
6. Protein: 48 grams
7. SaturatedFat: 12 grams
8. Sodium: 3650 milligrams
9. Sugar: 28 grams

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