

Tender Italian Meatballs in Fresh Basic Tomato Sauce

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/tender-italian-meatballs-recipe>

Ingredients:

- 2 pounds ground beef
- 1 egg
- 2 cloves garlic finely chopped
- 1 cup grated Parmesan cheese
- 1/2 cup chopped parsley finely
- 1/2 tablespoon salt
- pepper
- olive oil
- 6 tablespoons olive oil
- 1 shallot or scallion, finely chopped
- 1 clove garlic finely chopped
- 36 5/8 ounces whole peeled tomatoes
- 24 ounces tomatoes strained
- 4 whole fresh basil leaves
- 1 tablespoon dried oregano
- salt
- pepper

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 155 milligrams
4. Fat: 45 grams
5. Fiber: 6 grams
6. Protein: 42 grams
7. SaturatedFat: 15 grams
8. Sodium: 1330 milligrams

9. Sugar: 4 grams
 10. TransFat: 1.5 grams
-

Thank you for visiting our website. Hope you enjoy Tender Italian Meatballs in Fresh Basic Tomato Sauce above. You can see more 18 tender italian meatballs recipe Unleash your inner chef! to get more great cooking ideas.