

Tater Tot Casserole

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/tater-tot-casserole-with-ground-beef-recipes>

Ingredients:

- 1 pound ground beef
- 1/4 cup chopped onion
- 21 1/2 ounces cream of mushroom soup
- 1 cup milk
- 32 ounces tater tots
- 15 ounces corn drained
- 2 cups shredded cheese

Nutrition:

1. Calories: 1070 calories
2. Carbohydrate: 89 grams
3. Cholesterol: 140 milligrams
4. Fat: 61 grams
5. Fiber: 8 grams
6. Protein: 48 grams
7. SaturatedFat: 25 grams
8. Sodium: 2010 milligrams
9. Sugar: 9 grams
10. TransFat: 1 grams

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