

Indian Green Beans With Coconut

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/tasty-indian-green-beans-recipe>

Ingredients:

- 1 1/8 pounds green beans
- 3 teaspoons ghee
- spices USED
- 2 teaspoons mustard seeds
- 15 curry leaves

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 11 grams
3. Fat: 3 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. Sodium: 10 milligrams
7. Sugar: 4 grams

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