

Easy Indian Chicken Curry

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/ywllow-chicken-curry-recipe-indian>

Ingredients:

- 3 pounds organic chicken boneless skinless, cubed
- 1 cup yogurt plain organic
- 1 teaspoon masala tikka
- 1/2 teaspoon ground black pepper freshly
- 1/4 cup cilantro chopped
- curry sauce
- 1 tablespoon coconut oil
- 1 red onion medium, chopped
- 1 1/2 teaspoons turmeric
- 1/2 teaspoon fennel seeds
- 1/2 teaspoon cumin seeds
- 2 teaspoons curry powder
- 28 ounces tomatoes organic diced
- 1/2 cup chicken stock
- 1 teaspoon cumin
- 1/2 teaspoon masala tikka
- 1/8 teaspoon nutmeg freshly grated
- 1/8 teaspoon cinnamon
- 1/2 cup heavy cream
- salt
- pepper
- jasmine rice or brown rice
- cashews chopped
- toasted coconut toasted
- cilantro chopped

Nutrition:

1. Calories: 1040 calories
2. Carbohydrate: 22 grams

3. Cholesterol: 305 milligrams
 4. Fat: 77 grams
 5. Fiber: 5 grams
 6. Protein: 66 grams
 7. SaturatedFat: 30 grams
 8. Sodium: 530 milligrams
 9. Sugar: 11 grams
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