RecipesCh@-se

The Best Tasting Protein Shake Ever

Yield: 1 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/tasting-italy-recipe-list

Ingredients:

- 1 banana frozen
- 1 protein powder rounded scoop
- 1 tablespoon peanut butter
- 1 cup unsweetened almond milk