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## Herbed Cheese Sticks- Taste of Home Tuesday

Yield: 16 min Total Time: 20 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/taste-of-home-italian-seasoning-recipe">https://www.recipeschoose.com/recipes/taste-of-home-italian-seasoning-recipe</a>

## **Ingredients:**

- 1 package pizza crust mix 6-1/2 ounces
- 1 1/2 teaspoons garlic powder
- 1 tablespoon olive oil
- 1 cup shredded part skim mozzarella cheese 4 ounces
- 1/4 cup shredded Parmesan cheese
- 1 teaspoon italian seasoning
- pizza sauce

## **Nutrition:**

Calories: 25 calories
Carbohydrate: 1 grams
Cholesterol: 5 milligrams

4. Fat: 1 grams5. Protein: 3 grams

6. Sodium: 80 milligrams

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