

# Original Steak Tartare

Yield: 6 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/tartare-mexican-recipe>

## Ingredients:

- 1 pound beef tenderloin finely ground
- 1 teaspoon brown mustard
- 1/2 teaspoon hot pepper sauce e.g. Tabasco™, or to taste
- 1 teaspoon worcestershire sauce
- 1 teaspoon brandy
- 1 pinch salt or to taste
- ground white pepper to taste
- 1 egg

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 85 milligrams
4. Fat: 14 grams
5. Protein: 16 grams
6. SaturatedFat: 6 grams
7. Sodium: 120 milligrams

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