

# Hash Brown Egg Nests with Avocado

Yield: 8 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/target-com-easter-eats-hash-brown-egg-nests-recipe>

## Ingredients:

- 15 ounces hash browns frozen shredded, thawed
- 1 cup cheddar cheese shredded
- 1 tablespoon olive oil
- 8 medium eggs
- salt
- pepper
- 2 slices cooked bacon crumbled
- 1 tablespoon cheddar cheese shredded
- 1/2 tablespoon parsley chopped
- 2 avocados sliced and chilled

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 230 milligrams
4. Fat: 27 grams
5. Fiber: 5 grams
6. Protein: 14 grams
7. SaturatedFat: 7 grams
8. Sodium: 490 milligrams
9. Sugar: 2 grams

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