

Iced Tea

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-tea-recipe>

Ingredients:

- 2 tablespoons tea loose rooibos
- 2 cups boiling water
- 1 tablespoon agave nectar or honey
- 1/8 teaspoon stevia
- 15 ice cubes
- 1/4 cup lemon juice freshly squeezed
- 1 lemon sliced into wedges

Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 10 grams
3. Fiber: 3 grams
4. Protein: 1 grams
5. Sodium: 25 milligrams
6. Sugar: 1 grams

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