

Creamy Balsamic Salad Dressing

Yield: 8 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/tamari-olive-oil-italian-seasoning-salad-dressing-recipe>

Ingredients:

- 1/4 cup balsamic vinegar
- 1 tablespoon tamari Kikkoman brand is gluten free
- 1 1/2 tablespoons Dijon mustard
- 1 1/2 tablespoons honey
- 3 tablespoons yogurt
- 1/2 tablespoon olive oil

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 5 grams
3. Fat: 1.5 grams
4. Protein: 1 grams
5. Sodium: 130 milligrams
6. Sugar: 5 grams

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