

Italian Taralli

Yield: 55 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/tadal-italian-cookie-recipe>

Ingredients:

- 1 cup flour 120 grams
- 2 tablespoons olive oil 30 grams
- 4 tablespoons white wine 60 grams
- 1/2 teaspoon salt 2 1/2 grams
- 1/2 tablespoon fennel seeds if desired I'm sure sesame seeds would work too

Nutrition:

1. Calories: 15 calories
2. Carbohydrate: 2 grams
3. Fat: 0.5 grams
4. Sodium: 20 milligrams

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