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Homemade Taco Seasoning Mix

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/taco-seasoning-mix-recipe-indian

Ingredients:

- 2 teaspoons minced onion instant
- 1 teaspoon salt
- 1 teaspoon chili powder
- 1/2 teaspoon cornstarch
- 1/2 teaspoon red peppers crushed
- 1/2 teaspoon minced garlic instant
- 1/4 teaspoon oregano
- 1/2 teaspoon ground cumin
- 1 pound ground beef
- 3/4 cup water
- 2 tablespoons taco seasoning mix one full recipe above
- 8 taco shells
- lettuce
- tomato
- onion
- cheese
- salsa
- cilantro

Nutrition:

Calories: 500 calories
Carbohydrate: 32 grams
Cholesterol: 85 milligrams

4. Fat: 29 grams5. Fiber: 4 grams6. Protein: 27 grams

7. SaturatedFat: 11 grams8. Sodium: 1050 milligrams

9. Sugar: 3 grams

10. TransFat: 1 grams

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