

# Taco John's Stuffed Grilled Taco (Copycat)

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/taco-john-s-mexican-donut-bites-recipe>

## Ingredients:

- 6 taco shells organic crispy corn
- 1/2 cup cheese cashew, or any spreadable vegan cheese
- 4 ounces ground meat vegan, I used alpha foods
- 1/2 cup guacamole
- 3 leaves romaine lettuce or any lettuce you prefer, chopped
- 1/2 cup diced tomato organic, or salsa
- tortilla chips organic
- 1 teaspoon hot sauce I only use a few drops on each taco
- 6 flour tortillas
- 1 can refried beans organic
- 1/4 cup vegan butter or margarine, I like the organic whipped earth balance for the pan
- 8 ounces grated cheddar cheese vegan, my favorite is violife epic mature

## Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 60 milligrams
4. Fat: 27 grams
5. Fiber: 7 grams
6. Protein: 25 grams
7. SaturatedFat: 13 grams
8. Sodium: 1180 milligrams
9. Sugar: 3 grams

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