

Swiss Vegetable Medley

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-swiss-medley>

Ingredients:

- 16 ounces broccoli frozen, carrots and cauliflower thawed and drained
- 10 3/4 ounces condensed cream of mushroom soup undiluted
- 1/2 cup sour cream
- 1/4 teaspoon pepper
- 4 ounces pimientos chopped, drained
- 1 cup swiss cheese shredded, divided
- 2 3/4 ounces french fried onions divided

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 25 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 9 grams
7. SaturatedFat: 7 grams
8. Sodium: 450 milligrams
9. Sugar: 4 grams

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