

# Swiss Braided Bread

Yield: 20 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-tresse-bread-recipe>

## Ingredients:

- 1 1/2 cups whole milk
- 1 1/2 tablespoons granulated sugar
- 3 teaspoons salt
- 3 tablespoons unsalted butter divided
- 1/4 ounce active dry yeast
- 1 egg lightly beaten
- 3 1/2 cups all-purpose flour plus extra for rolling the dough
- olive oil
- 1 egg yolk lightly beaten
- 1 tablespoon water

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 25 milligrams
4. Fat: 4 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 2 grams
8. Sodium: 370 milligrams
9. Sugar: 2 grams

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