

One-Pot Instant Pot Swiss Steak and Potatoes

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-steak-and-potatoes-recipe>

Ingredients:

- 2 pounds skirt steak
- 1/2 cup fresh tomatoes diced
- 3 cloves garlic minced
- 1 diced tomatoes – 28 oz can
- 1/4 cup beef broth
- 1 bell pepper medium
- 1/2 cup all purpose flour
- 3 teaspoons salt divided
- 1 medium onion diced
- 1 teaspoon pepper divided
- 2 tablespoons olive oil
- small red potatoes halved
- 1 tablespoon butter

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 135 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 50 grams
7. SaturatedFat: 10 grams
8. Sodium: 1990 milligrams
9. Sugar: 2 grams

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