

Traditional Danish Rye Bread with Sourdough

Yield: 1 min
Total Time: 350 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-sourdough-rye-bread-recipe>

Ingredients:

- 1/2 cup sourdough
- 3 cups water
- 2 1/2 tablespoons salt
- 1 cup rye cracked
- 3 cups rye flour
- 1 cup water
- 1 cup flax seeds
- 1 1/2 cups sunflower seeds
- 1/2 cup almonds
- 1 3/4 cups rye flour
- 1 tablespoon nigella seeds damascena, optional
- 1/2 cup sesame seeds optional