

# Tandoori Kabab by Shireen Anwar

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-roll-recipe-by-shireen-anwar>

## Ingredients:

- 1/2 kilogram boneless chicken
- 1 onion
- 1 tablespoon coriander leaves
- 1/2 teaspoon black pepper
- 1/2 teaspoon cumin
- 1 teaspoon garlic
- 2 tablespoons lemon juice
- 4 tablespoons yogurt
- 1/4 teaspoon turmeric
- 1 tablespoon garlic
- 1 teaspoon chili powder
- 1/2 teaspoon salt
- 1 tablespoon tandoori masala
- 1/4 cup oil

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 80 milligrams
4. Fat: 26 grams
5. Fiber: 1 grams
6. Protein: 27 grams
7. SaturatedFat: 5 grams
8. Sodium: 390 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Tandoori Kabab by Shireen Anwar above. You can see more 18 chinese roll recipe by shireen anwar Unleash your inner chef! to get more great cooking ideas.