RecipesCh@~se

Swiss Roast

Yield: 4 min Total Time: 80 min

Recipe from: https://www.recipeschoose.com/recipes/swiss-roast-recipe

Ingredients:

- 10 1/2 pounds chuck roast we use a local grower, grass fed
- 1 tablespoon olive oil
- 2 green bell peppers Seeded and sliced
- 3 yellow onions medium sliced
- 4 stalks celery ribs chopped medium
- 2 garlic cloves chopped
- 2 cups tomatoes with juice stewed
- 2 cups tomato sauce
- 1 teaspoon celery seed
- 1 teaspoon thyme
- 2 teaspoons parsley
- salt
- pepper
- 1 cup water