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Potato Cake

Yield: 4 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/swiss-potato-cake-recipe

Ingredients:

- 3 potatoes medium-sized
- 1 whole egg
- 1 egg yolk
- 2 tablespoons chopped parsley
- 1 shallot minced
- 2 tablespoons green onion chopped
- 1 teaspoon white pepper powder
- 1/2 teaspoon nutmeg powder
- 1/2 teaspoon salt
- 3 egg white
- oil for frying

Nutrition:

Calories: 220 calories
Carbohydrate: 32 grams
Cholesterol: 105 milligrams

4. Fat: 8 grams5. Fiber: 4 grams6. Protein: 9 grams

7. SaturatedFat: 1.5 grams8. Sodium: 370 milligrams

9. Sugar: 2 grams

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