

# Schnitzel

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-paprika-schnitzel-recipe>

## Ingredients:

- 1 1/3 pounds schnitzels
- 2 eggs
- 1 teaspoon mustard
- 1 teaspoon ketchup
- 1 teaspoon mayonnaise
- 1 teaspoon paprika
- 1 teaspoon soup powder
- breadcrumbs
- 1 flour flat tsp.

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 245 milligrams
4. Fat: 11 grams
5. Protein: 54 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 270 milligrams
8. Sugar: 1 grams

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