

Strawberries & Cream Overnight Oats

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-overnight-oats-recipe>

Ingredients:

- 1 cup 2% milk
- 2 tablespoons coconut milk
- 1 teaspoon vanilla extract
- 2 tablespoons maple syrup
- 8 strawberries medium
- 1 tablespoon chia seeds
- 1 cup oats old-fashioned overnight

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 10 milligrams
4. Fat: 14 grams
5. Fiber: 10 grams
6. Protein: 20 grams
7. SaturatedFat: 5 grams
8. Sodium: 80 milligrams
9. Sugar: 21 grams

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