

Maple Hot Cocoa

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-hot-coco-recipe>

Ingredients:

- 2 cups cocoa
- 1 cup maple sugar
- 3 teaspoons instant espresso powder
- 1 teaspoon kosher salt
- 1/2 vanilla bean optional

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 58 grams
3. Fat: 6 grams
4. Fiber: 14 grams
5. Protein: 9 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 610 milligrams
8. Sugar: 31 grams

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