

# Meringue Kisses

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-meringue-kisses-recipe>

## Ingredients:

- 4 egg whites
- 1 cup sugar
- 1/2 teaspoon vanilla extract
- 1 cup shredded coconut without sugar OPTIONAL

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 61 grams
3. Fat: 6 grams
4. Fiber: 2 grams
5. Protein: 4 grams
6. SaturatedFat: 6 grams
7. Sodium: 115 milligrams
8. Sugar: 58 grams

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