

# Meringue Cookie

Yield: 24 min  
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-meringue-cookie-recipe>

## Ingredients:

- 3 egg whites fresh
- 1/4 teaspoon cream of tartar
- 5 ounces sugar
- 1/2 teaspoon vanilla or other flavoring
- 1 pinch salt

## Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 6 grams
3. Sodium: 20 milligrams
4. Sugar: 6 grams

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