

# Swiss Cheese Meatloaf

Yield: 2 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-meatloaf-recipe>

## Ingredients:

- 2 eggs
- 16 buttery crackers crushed
- 1 onion small, chopped
- 2 teaspoons minced garlic
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/2 teaspoon rubbed sage
- 1 cup shredded swiss cheese divided
- 1 pound lean ground beef

## Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 400 milligrams
4. Fat: 35 grams
5. Fiber: 2 grams
6. Protein: 73 grams
7. SaturatedFat: 17 grams
8. Sodium: 1360 milligrams
9. Sugar: 4 grams

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