

# Socca

Yield: 2 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-chickpea-flour-recipe>

## Ingredients:

- 1 cup chickpea flour
- 1 cup water
- 3/4 teaspoon sea salt
- 1/4 teaspoon ground cumin David used 1/8 tsp.
- 1 1/2 tablespoons olive oil plus more for brushing griddle and drizzling over finished Socca

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 36 grams
3. Fat: 18 grams
4. Fiber: 7 grams
5. Protein: 14 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 1230 milligrams
8. Sugar: 7 grams

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