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Baked Swiss Chard Potato Cakes

Yield: 4 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/swiss-chard-potato-recipe

Ingredients:

- 1 3/4 pounds potatoes peeled and rinsed
- 2 stalks Swiss chards
- 2 eggs
- 2 tablespoons onion finely chopped
- salt
- cracked pepper
- 2 tablespoons butter
- 1 tablespoon milk
- 4 tablespoons breadcrumbs

Nutrition:

- 1. Calories: 250 calories
- 2. Carbohydrate: 36 grams
- 3. Cholesterol: 120 milligrams
- 4. Fat: 9 grams
- 5. Fiber: 4 grams
- 6. Protein: 8 grams
- 7. SaturatedFat: 4.5 grams
- 8. Sodium: 330 milligrams
- 9. Sugar: 3 grams

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