

# Sausage, Mushroom & Swiss Chard Pasta

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-chard-pasta-recipe-easy>

## Ingredients:

- 2 tablespoons olive oil
- 5 hot Italian sausage links sliced
- 5 cloves garlic finely diced
- 8 ounces white button mushrooms sliced
- 4 cups Swiss chard chopped
- pasta cooked to package directions

## Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 105 milligrams
4. Fat: 51 grams
5. Fiber: 2 grams
6. Protein: 24 grams
7. SaturatedFat: 16 grams
8. Sodium: 1110 milligrams
9. Sugar: 2 grams

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