

# Easy Vegan Potato Lentil Curry

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-chard-curry-lentils-recipe>

## Ingredients:

- rice
- 1 cup brown rice
- curry
- 1 potato cut into small cubes
- 1 tablespoon coconut oil
- 1 medium red onion peeled and chopped
- 1 clove garlic minced
- 1/2 teaspoon fresh ginger grated
- 2 teaspoons ground turmeric
- 1 teaspoon curry powder
- 2 tomatoes medium-large, roughly chopped
- 3/4 cup coconut milk Pure Harvest Golden Quench or regular
- 400 grams lentils
- 1 cup fresh spinach leaves roughly chopped