

Celebration Couscous

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-chard-couscous-pinenuts-recipe>

Ingredients:

- kumara orange
- olive oil
- runny honey or maple syrup
- couscous dried
- boiling water
- butter
- Orange
- pistachios
- pine nuts
- dried cranberries or cherries
- parsley
- mint leaves

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 15 milligrams
4. Fat: 18 grams
5. Fiber: 6 grams
6. Protein: 6 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 55 milligrams
9. Sugar: 19 grams

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