

# Swiss Chalet Mac and Cheese

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-chalet-recipe-for-garlic-cheese-loaf>

## Ingredients:

- 1 pound noodles uncooked macaroni
- 10 5/8 ounces cheese Emmenthaler, shredded
- 6 ounces Cabot Alpine Cheddar Cheese shredded
- 4 tablespoons butter
- 4 tablespoons flour
- 1 teaspoon minced garlic
- 2 1/2 cups whole milk
- 1/4 cup dry white wine
- 1 tablespoon kirsch
- 1 teaspoon Dijon mustard
- 1 teaspoon salt
- 1/2 teaspoon white pepper
- 1/8 teaspoon nutmeg
- 2 tablespoons cracker crumbs crushed, or bread crumbs
- nutmeg extra

## Nutrition:

1. Calories: 1030 calories
2. Carbohydrate: 102 grams
3. Cholesterol: 220 milligrams
4. Fat: 47 grams
5. Fiber: 5 grams
6. Protein: 41 grams
7. SaturatedFat: 28 grams
8. Sodium: 1250 milligrams
9. Sugar: 12 grams

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