

Homemade Cheddar Cheese Sauce

Yield: 3 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-cheese-sauce-recipe>

Ingredients:

- 2 tablespoons butter
- 2 tablespoons flour
- 2 cups milk
- 2 cups shredded cheddar cheese
- salt
- pepper
- onion powder optional
- garlic powder optional

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 115 milligrams
4. Fat: 37 grams
5. Fiber: 1 grams
6. Protein: 28 grams
7. SaturatedFat: 23 grams
8. Sodium: 900 milligrams
9. Sugar: 11 grams

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